

CAHM Mini-Forum 2026

Saturday, October 17, 2026 | 1:00 PM – 5:00 PM
*Doors open at 12:30 PM



FREE EVENT – OPEN TO ALL
Community. Connection. Mental Health Wellness.



EVENT TIMELINE

- Resource Fair and Art Exhibit
- Welcome
- Storytelling
- Music
- Built-in multiple breaks
- More Storytelling ++
- More Music ++
- Resource Fair and Art Exhibit Reopens
- More Storytelling +++
- More Music +++
- Closing Remarks

REGISTER EARLY
SPACE IS LIMITED



VISIT WWW.CAHMSD.ORG
GOT QUESTIONS? EMAIL INFO@CAHMSD.ORG



EVENT LOCATION:

San Diego Oasis Rancho Bernardo
17170 Bernardo Center Dr.
San Diego, CA 92128



GUEST SPEAKERS



COURTNEY
VOORHEES



JOSH
ROBERTS



KAREN
PARRY



FEATURED MUSICIANS



JESSE
FRENCH



SOO
SINGS



VERONICA
MAY

